

# **Kentucky Hospital Association Update**

February 22, 2024

# Agenda

- Overview of KY Hospitals
- Financial Health of Hospitals
- HRIP Status
- HRIP Quality Outcomes
- Workforce
- Certificate of Need
- CMS Proposal for DPP

**Melanie Landrum** 

**Carl Herde** 

**Carl Herde** 

**Melanie Landrum** 

JP Hamm

**Carl Herde** 

**Carl Herde** 



# Overview of Kentucky's Hospitals

#### **Overview of Kentucky Hospitals**

## Total - 126 (excludes federal and state mental)

| Туре                     | Number | Percent |
|--------------------------|--------|---------|
| Short-Term Acute (PPS)   | 68     | 54%     |
| Critical Access          | 29     | 23%     |
| Long Term Acute Care     | 11     | 9%      |
| Freestanding Psychiatric | 9      | 7%      |
| Freestanding Rehab       | 7      | 5%      |
| Children's               | 2      | 2%      |
| Total                    | 126    | 100%    |

#### Overview of Kentucky Hospitals - continued

#### **Most Hospitals Are Rural and Part of a System**

| Geography       | Number | Percent |
|-----------------|--------|---------|
| Rural           | 72     | 56%     |
| Urban           | 56     | 44%     |
|                 |        |         |
| Ownership       |        |         |
| System Owned    | 105    | 83%     |
| Independent     | 23     | 18%     |
| Rural           | 21     | 91%     |
| Critical Access | 12     | 52%     |
| PPS             | 10     | 48%     |
| Psychiatric     | 1      | 5%      |
| Urban           | 2      | 9%      |

#### **Economic Importance of Kentucky Hospitals**

- Hospital employ nearly 84,000 people
- Hospitals spend \$6 billion in wages
- Hospitals create nearly \$9 Billion in economic benefit to local communities (through the hospital and their employees' spending)
- Kentucky is one of the most rural states in the country (10<sup>th</sup> most rural population)
- Rural hospitals are often the largest employers
  - About 1/3 of jobs and wages are in rural hospitals



#### Kentucky Hospitals Economic Importance to Their Communities



Kentucky's hospitals are known for providing high-quality patient care, but local hospitals are also vital to their communities' economic development. They employ thousands of workers, generate tax revenue for state and local governments, support Kentucky businesses through purchases of goods and services, and provide charity care for the Commonwealth's most vulnerable citizens. Hospitals also invest in their physical plants to enhance patient care, creating a significant number of jobs for the local community. The data below provides a glimpse into why hospitals are essential to a thriving economy.



#### KENTUCKY HOSPITALS . . .

- Employ over 84,000 people and spend \$6 billion on wages
- Spend **\$1 billion** on capital projects, creating additional local jobs
- Purchase \$5 billion of goods and services locally
- Provide \$137 million in financial assistance and charity care
- Pay \$190 million in provider taxes that support \$800 million in non-hospital Medicaid spending
- Generate over \$627 million in state and local taxes
- Subsidize \$154 million in losses from treating Medicare patients

Total economic benefit of \$14 billion to the state

These dollars have a "ripple effect" as they move through the larger economy, supporting other businesses and jobs in the community.

The hospital also cares for the community by:

Treating 465,000 inpatients and 11 million outpatients

Welcoming 47,000 babies into the world Providing emergency care to 2 million people

Kentucky is world renowned for its signature industries, but not everyone drinks bourbon or visits the racetrack. However, everyone needs their local hospital. It is vital to Kentucky's physical and economic health to ensure hospitals have the support they need to focus on the high-quality care they provide their patients every day across the Commonwealth.

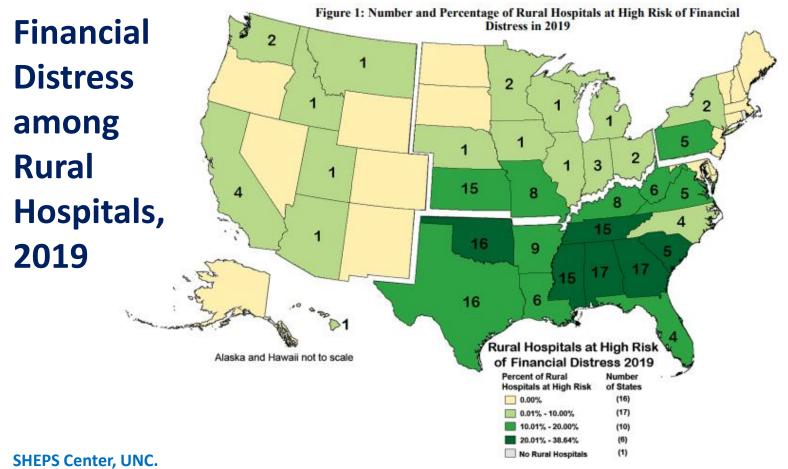


# Economic Importance of Kentucky Hospitals

https://www.kyha.com/kha-data-center/data-reports/



# Financial Health of Kentucky Hospitals

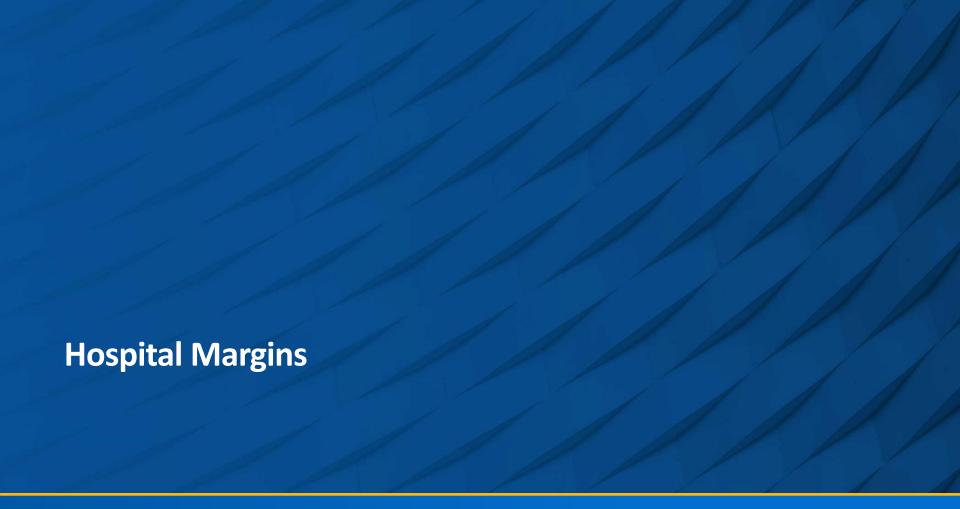


#### KaufmanHall

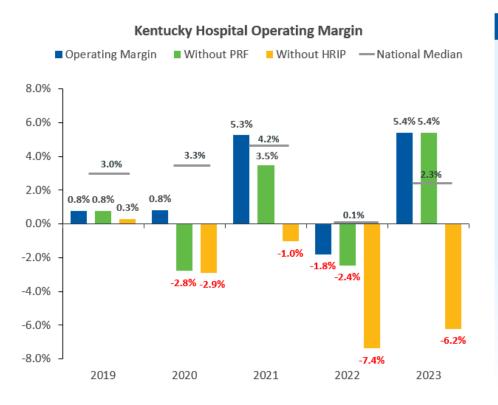




#### **Current State of Kentucky Hospital Finances**



#### Kentucky Hospital Operating Margins Grew to 5.4% in 2023 as a Result of HRIP



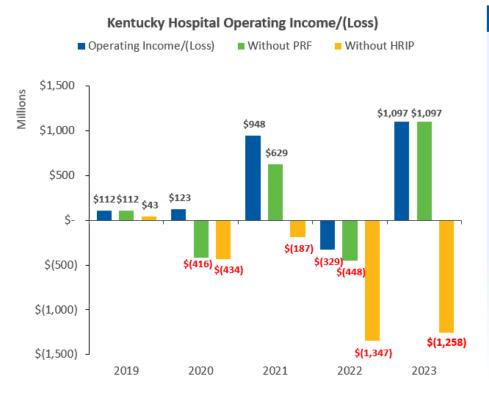
#### **KEY TAKEAWAYS**

- Improved Kentucky Hospital Performance: Total hospital operating margins for Kentucky reached 5.4% in 2023, the highest level since 2019.
- Historically Low National Margins: Operating margins have historically hovered between 4%-6% and are not sustainable at current levels.
- HRIP's Crucial Impact: Payments from HRIP are necessary for Kentucky hospitals as their operating margins would be negative without them.

**DRAFT** Report

Source(s): 1) Kentucky hospital operating margins were produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.

#### Kentucky Hospital Operating Income Reached \$1.1 Billion in 2023, but Remained **Negative without HRIP Funding**



#### **KEY TAKEAWAYS**

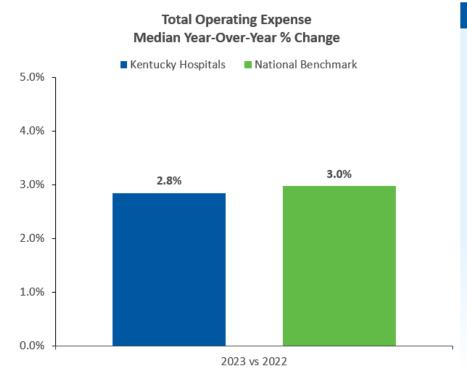
- Critical Role of HRIP in Financial Turnarounds: The stark contrast between projected losses and actual gains with HRIP underscores its critical role in stabilizing hospital finances.
- **HRIP Sustainability Concerns:** The long-term sustainability of HRIP depends on the availability of federal matching funds and hospital assessments. Payments from HRIP are determined each year and hospitals are not guaranteed this money.

**DRAFT** Report

Source(s): 1) Kentucky hospital operating income/(loss) was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health



#### Kentucky Hospital Operating Expense Increased 2.8% at the Median in 2023



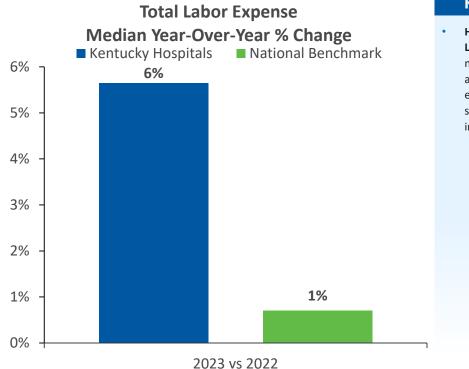
#### **KEY TAKEAWAYS**

- Consistent Increase Across the Board: Both Kentucky and national median hospitals experienced a ~3.0% increase in total operating expenses year-over-year.
- Indicates a National Trend in Operating Costs: The similar increase in operating expenses for both Kentucky and nationally suggests a broader trend in rising operating costs in the healthcare sector.
- The rise in operating expenses are generally not within a hospital's control and many outside factors directly impacted the increase.

DRAFT Report

Source(s): 1) The median YOY % change in Kentucky hospital operating expense was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.

#### Rising Labor Costs: Kentucky Hospitals Total Labor Expenses vs. National Trends



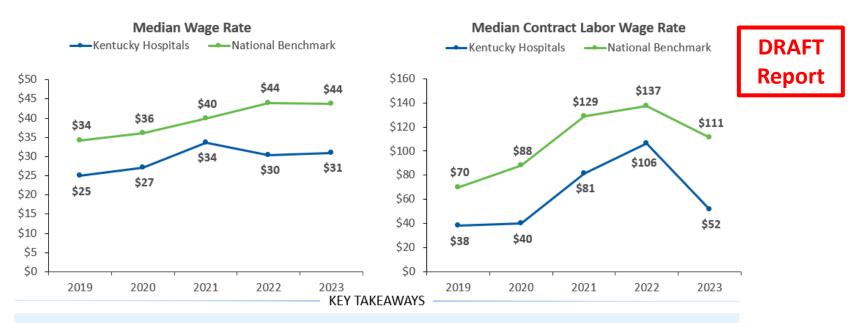
#### **KEY TAKEAWAYS**

Higher Increase in Kentucky's Labor Expenses: Kentucky's median hospitals experienced a 6% increase in total labor expenses year-over-year, surpassing the national median increase of 1%

**DRAFT** Report

Source(s): 1) The median YOY % change in Kentucky hospital labor expense was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.

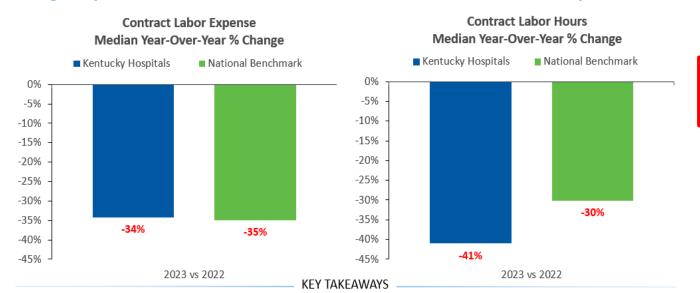
#### **Kentucky Hospital Median Wage and Contract Labor Wage Rates Remain Below the National Median**



- Median hospitals in Kentucky have had lower overall wage rates and contract wage rates compared to the national benchmark.
- Median contract labor wage rates for both Kentucky and the national benchmark have decreased considerably in 2023, while regular wage rates have remained consistent.

Source(s): 1) The median wage and contract labor wage rate for Kentucky was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.

#### **Lessening Dependence on Contract Labor: 34% Decrease Compared to 2022**

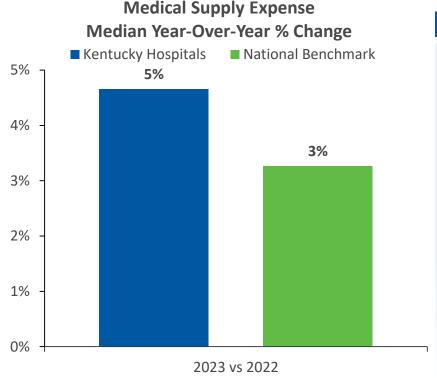


**DRAFT Report** 

- Significant Decrease in Contract Labor Expenses: Both Kentucky and the national average have experienced a substantial year-over-year decrease
  in contract labor expenses, with a median percentage change of -34%.
- Alignment with National Trend: Kentucky's decrease in contract labor expenses is in line with the national trend, indicating a common factor
  influencing healthcare labor costs across the country.
- · The reductions suggest significant shifts in labor management strategies, possibly moving towards more permanent staffing models.

Source(s): 1) The median YOY % change in Kentucky hospital contract labor expense and contract labor hours were produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics.

#### Rising Medical Supply Costs: Medical Supply Expenses Increased by 5% in 2023



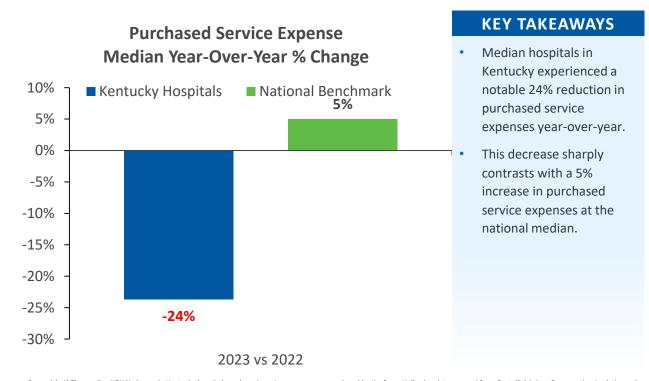
#### **KEY TAKEAWAYS**

- Kentucky's median hospitals experienced a 5% increase in medical supply expenses, higher than the national median.
- The variation between Kentucky and national medians points to regional differences in cost pressures related to medical supplies.

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Source(s): 1) The median YOY % change in Kentucky hospital medical supply expense was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.

### Striking Contrast in Purchased Service Costs: Kentucky's Reduction vs. National Increase in Purchased Services

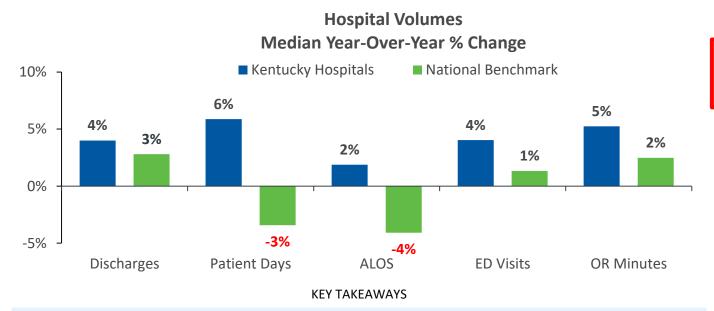


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Source(s): 1) The median YOY % change in Kentucky hospital purchased service expense was produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics and Definitive Health.



#### **Growth Across All Volume Metrics for Kentucky Outpaced that of the National Median**



- Kentucky's Healthcare Services on the Rise: Across discharges, patient days, average length of stay, ED visits, and OR minutes, Kentucky's median hospitals demonstrate higher utilization rates than the national.
- OR (Operating Room) minutes in Kentucky's median hospitals grew by 5%, compared to a 2% increase nationally, reflecting higher surgical volumes.
- Emergency Department (ED) visits in Kentucky's median hospitals increased by 4%, outpacing the national growth rate of 1%.

Source(s): 1) The median YOY % change in Kentucky hospital volumes were produced by Kaufman Hall using data sourced from Syntellis' Axiom Comparative Analytics.



#### Methodology

1 | Generated the Kaufman Hall Sample

More than 31 Kentucky hospitals were sampled form data provided by Syntellis Performance Solutions.

3 | Computed the 2019 Baseline

Using data from Definitive Health, the total net operating revenue and operating expense for all critical access, acute care, and children's hospitals within the state of Kentucky were calculated for 2019.

#### 5 | Extrapolated the 2020 - 2023 Absolute Values

Extrapolated operating margins and income (loss) for 2020-2023 by applying the median year-over-year percent changes from the Kaufman Hall sample to the 2019 baseline metrics.



2 | Normalized the Kaufman Hall Sample

Based on hospital bed-sizes, the Kaufman Hall sample was bootstrapped so that the distribution of hospitals within various bed-size bins matched that for the entire state of Kentucky.

4 | Calculated Median Percent Change

The median year-over-year percent change was calculated from the Kaufman Hall sample for each metric.

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# HRIP

**Hospital Rate Improvement Program** 

#### **Cabinet's Commitment**

Weekly calls with the Cabinet

| Name                  | <b>√</b> | Name                  | 1 | Name                       | <b>√</b> |  |
|-----------------------|----------|-----------------------|---|----------------------------|----------|--|
| Steve Bechtel (DMS)   |          | Shannon Drane (DMS)   |   | Chris Pettit (Milliman)    |          |  |
| Erin Bickers (DMS)    |          | Wesley Penn (DMS)     |   | Andrew Dilworth (Milliman) |          |  |
| Angela Parker (DMS)   |          | Dana Barnes (DMS)     |   | Tara Clark (MSLC)          |          |  |
| Amy Richardson (DMS)  |          | Carl Herde (KHA)      |   | Jon Galliers (MSLC)        |          |  |
| Jonathan Scott (DMS)  |          | Claire Arant (KHA)    |   | Adam Patton (MSLC)         |          |  |
| John Hay (DMS)        |          | Melanie Landrum (KHA) |   | Justin Harpool (MSLC)      |          |  |
| Lindsay Redman (DMS)  |          | Deb Campbell (KHA)    |   | Nickie Loparo (MSLC)       |          |  |
| John Hoffmann (DMS)   |          | Casey Franklin (KHA)  |   |                            |          |  |
| Donna Hooker (DMS)    |          | Steve Perlin (HMA)    |   |                            |          |  |
| Nichole Bullock (DMS) |          | Mary Goddeeris (HMA)  |   |                            |          |  |

 Also, Nancy Galvagni, KHA CEO, has open communication with Secretary Friedlander and Commissioner Lisa Lee

### **HRIP History**

- Program was initially based upon Inpatient claims only
  - 1st year: Gap between Medicaid and Medicare
  - 2nd year: Gap between Medicaid and 90% of ACR
- CYE 2023: Included both IP and OP at 90% of ACR
- CYE 2024: Included both IP and OP at 95% of ACR
  - Requested 95% due to change in FMAP %
- Same add-on payment for each claim
- The determined amount of the per claim add-on is then distributed each quarter based upon the paid claims in the state's system

#### 2023 HRIP - CYE 2023 Combined

|                                   | Supplemental Amount Paid to Hospitals | Supplemental<br>Amount<br>Allocated to<br>Quality Pool | Total Claim<br>Add-on |
|-----------------------------------|---------------------------------------|--|-----------------------|
| Expected IP Gross Distribution    | \$1.00 billion                        | \$ .111 billion  | \$1.11 billion        |
| Expected OP Gross Distribution    | \$1.34 billion                        | \$ .149 billion  | \$1.49 billion        |
| Expected Total Gross Distribution | \$2.34 billion                        | \$ .260 billion  | \$2.60 billion        |

### **Current Updates**

- CYE 2024 approved January 12, 2024
- Plan on using 2024 ACR for CYE 2025 approval
  - iii. Average Commercial Rate Demonstration Requirements:
  - To monitor compliance with the ACR limit proposal, CMS proposes States be required to provide two pieces of documentation (1) an ACR demonstration; and (2) a total payment rate comparison to ACR. The ACR demonstration would be submitted with the initial preprint submission (new, renewal, or amendment) following the applicability date and updated at least every 3 years, so long as the State continues to include the SDP in one or more managed care contracts. This would only be applicable to SDPs requiring prior written approval. CMS is not proposing to use a specific template or source data for the demonstration and comparison to ACR, however indicated the minimum expected data elements required. ACR information must not be older than the 3 most recent complete years prior to the rating period, must be state specific, and the rate comparison will be specific to each managed care program the SDP applies to.
- CYE 2025 targeted submission May 2024



# 

**Quality Outcomes** 

# **CYE 2022 HRIP Quality Goals**

|   | Non-Birth Acute | Non-Birth  |            |                 | Birthing (Low  |              |              |              |
|---|-----------------|------------|------------|-----------------|----------------|--------------|--------------|--------------|
| SFY 2022                                    | (Med/Lrg)       | <u>CAH</u> | Low Volume | <u>Birthing</u> | <u>Volume)</u> | <u>LTACH</u> | <u>Rehab</u> | <u>Psych</u> |
| Readmit                                     | 1.0%            | 1.0%       | 1.0%       | 1.0%            | 1.0%           | 1.0%         | 1.0%         |              |
| Sepsis                                      | 1.0%            | 1.0%       | 1.0%       | 1.0%            | 1.0%           |              |              |              |
| CAUTI                                       | 0.5%            |            |            | 0.5%            |                |              |              |              |
| CAUTI (CAH/LV)                              |                 | 0.5%       | 0.5%       |                 | 0.5%           | 1.0%         | 1.0%         |              |
| C. Diff                                     | 0.5%            | 0.5%       | 0.5%       | 0.5%            | 0.5%           | 1.0%         | 1.0%         |              |
| Social Det Health                           | 1.0%            | 1.0%       | 1.0%       | 1.0%            | 1.0%           | 1.0%         | 1.0%         | 1.0%         |
| Concurrent e-Prescribing Opioid Schedule II | 1.0%            | 1.0%       | 1.0%       | 1.0%            | 1.0%           | 1.0%         |              | 1.0%         |
| Hours of Physical Restraint                 |                 |            |            |                 |                |              |              | 1.0%         |
| Hours of Seclusion                          |                 |            |            |                 |                |              |              | 1.0%         |
| Screening for violence risk                 |                 |            |            |                 |                |              |              | 1.0%         |
| Dschrg to home/comty                        |                 |            |            |                 |                |              | 1.0%         |              |
|   | 5.0%            | 5.0%       | 5.0%       | 5.0%            | 5.0%           | 5.0%         | 5.0%         | 5.0%         |
|   |                 |            |            |                 |                |              |              |              |

#### **Foundational Quality Resources**

#### **Enhancing Quality Improvement Expertise at All Levels**

- Increase number of CPHQ trained quality staff.
  - 62 grantees enrolled in 12 month program in 2022
  - 97 grantees enrolled in 12 month program in 2023
- Assure all IPs are equipped to collect and report data accurately and to participate in infection prevention quality improvement.
  - New (less than 2 yrs.) IPs provided APIC "Epi Intensive" course.
     47 grantees completed course in 2022
- Charge Nurse Leadership in Quality course
  - 58 charge nurses from 36 hospitals completed in 2022
  - Currently recruiting for 2023 Cohort

# Foundational Quality Resources - continued Enhancing Quality Improvement Expertise at All Levels

- Association for the Healthcare Environment T-CHEST (Trainer-Certified Healthcare Environmental Services Technician) course for IPs and EVS leaders 30 scholarships in April 2023
- Association for the Healthcare Environment T-CSCT (Trainer-Certified Surgical Cleaning Technician) course for IPs, EVS leaders, others – 5 scholarships in December 2022
  - Currently planning Fall 2023 course
- 24 KHA sponsored Pharmacists for Antimicrobial Stewardship Certification
- 25 KHA sponsored Pharmacists for American Society of Health-system Pharmacists (ASHP) Opioid Stewardship Certificate
- 30 KHA sponsored accreditation and compliance staff trained and tested for HACP (Healthcare Accreditation Certification Program) certification with a 100% pass rate during 2022
  - Next HACP course scheduled for November 2023
- 184 attended the 2023 Annual Quality Conference with Kentucky and National Speakers
  - 27 hospital poster presenters during the Quality Conference

### **HRIP Quality Update**

#### Review of the data metrics for CY 2022

- CAUTI Standard Infection Ratio (SIR)
- CAUTI Low Volume (Catheter Utilization Ratio)
- C. diff Standard Infection Ratio (SIR)
- C. diff Low Volume (C. diff Rate)
- Hospital Readmissions (Medicaid Only)
- Sepsis (Screening at Triage and Bundle Compliance)

- Psychiatric Specific Measures
  - Hours of Physical Restraint
  - Hours of Seclusion
  - Admission Screening
- Safe Use of Opioids Concurrent e-Prescribing
  - Provider Education
- Rehab Specific Measure
  - Discharge to Community
- Social Determinants of Health Screening (Medicaid Only)

# **HRIP Quality Goals**

#### For new processes, goal may be to:

- Gather data
- Establish process
- Educate medical staff

#### For established initiatives:

- Maintain better than average
- Improve on "Gap" towards the goal

# 3 goals had state-wide targeted results (but not tied to 5% withhold)

- 1% overall reduction in Readmissions
- 2% overall reduction in C.Diff
- 2% overall reduction in CAUTI

#### **Social Determinants of Health**

# Hospital to establish a plan to screen Inpatient Medicaid patients for SDOH

- In December a one-time metric will appear in KY Quality Counts for each hospital to attest that they have an establish plan for screening patients for SDOH
- What tool the hospital will be using
  - CMS Screening Tool
  - Kynect
  - Current Screening which aligns with CMS Screening Tool





# 

**Future Quality Outcomes** 

# **Future HRIP Quality Goals**

|   |                        |               |                   |                 | 1            |              |              |              |
|---|------------------------|---------------|-------------------|-----------------|--------------|--------------|--------------|--------------|
| <u>SFY 2023</u>                             | on-Birth Acute (Med/Lr | Non-Birth CAH | <u>Low Volume</u> | <u>Birthing</u> | Birthing L/V | <u>LTACH</u> | <u>Rehab</u> | <u>Psych</u> |
| Readmit                                     | 2.0%                   | 2.0%          | 2.0%              | 2.0%            | 2.0%         | 2.0%         | 2.0%         |              |
| Sepsis                                      | 2.0%                   | 2.0%          | 2.0%              | 2.0%            | 2.0%         |              |              |              |
| CAUTI                                       | 1.0%                   |               |                   | 1.0%            |              |              |              |              |
| CAUTI (CAH/LV)                              |                        | 1.0%          | 1.0%              |                 | 1.0%         | 2.0%         | 2.0%         |              |
| C. Diff                                     | 1.0%                   | 1.0%          | 1.0%              | 1.0%            | 1.0%         | 2.0%         | 2.0%         |              |
| Social Det Health                           | 1.0%                   | 1.0%          | 1.0%              | 1.0%            | 1.0%         | 2.0%         | 1.0%         | 2.0%         |
| Concurrent e-Prescribing                    | 1.0%                   | 1.0%          | 1.0%              | 1.0%            | 1.0%         | 2.0%         |              | 2.0%         |
| Hours of Physical Restraint                 |                        |               |                   |                 |              |              |              | 2.0%         |
| Hours of Seclusion                          |                        |               |                   |                 |              |              |              | 2.0%         |
| Screening for violence risk                 |                        |               |                   |                 |              |              |              | 2.0%         |
| Dschrg to home/comty                        |                        |               |                   |                 |              |              | 2.0%         |              |
| Dschrg with an opioid Rx                    |                        |               |                   |                 |              |              | 1.0%         |              |
| Opioid Uncomplicated Vaginal Delivery       |                        |               |                   | 1.0%            | 1.0%         |              |              |              |
| Maternal Depression and SUD                 |                        |               |                   | 0.5%            | 0.5%         |              |              |              |
| Suicide Screening in ED                     | 1.0%                   | 1.0%          | 1.0%              | 0.5%            | 0.5%         |              |              |              |
| ED Opioid Use for acute ankle sprain (ALTO) | 1.0%                   | 1.0%          | 1.0%              |                 |              |              |              |              |
|   | 10.0%                  | 10.0%         | 10.0%             | 10.0%           | 10.0%        | 10.0%        | 10.0%        | 10.0%        |



# Workforce Development

#### **Kentucky Hospital Workforce Crisis By the Numbers**

- ► There were 12,790 vacancies (15 %) at the end of 2022
- ► There has been a **slight reduction in nursing vacancies**

|      | 20        | 21           | 2022 (estimated) |              |  |
|------|-----------|--------------|------------------|--------------|--|
|      | Vacancies | Vacancy Rate | Vacancies        | Vacancy Rate |  |
| RNs  | 5,060     | 21.9%        | 4,752            | 19.1%        |  |
| LPNs | 331       | 25.6%        | 300              | 20.7%        |  |

#### Turnover Has Not Improved

|               | 2021  | 2022  |
|---------------|-------|-------|
| All positions | 24.2% | 26.7% |
| RNs           | 22.0% | 22.8% |

### **Hospital Nursing Shortage**

- 59% of RN vacancies remain in:
  - Med/Surg (30.4%)
  - Critical Care (27%)
  - Psychiatric (17%)
  - ED (16%)
  - OR/PACU (16%)
- There remains a shortage of experienced nurses
  - 60% of hospital nurses are between 21 and 40 years old
  - 13% of RNs nearing requirement age

# **Hospital Positions: RNs and LPN**

# Age 55+

| 1. Psychiatric:               | 192 (36.0%) |
|-------------------------------|-------------|
| 2. OR/PACU:                   | 597 (27.1%) |
| 3. Licensed Practical Nurses: | 226 (20.6%) |
| 4. Labor and Delivery:        | 267 (16.1%) |
| 5. Medical-Surgical:          | 545 (15.3%) |

# **2035 Projections**

- ➤ Substantial challenges to ensure sufficient supply of nurses
- ► The state's projected demographics are unfavorable
- ► Large and persistent shortfall of RNs, and a growing shortfall of LPNs

# **Demand and Supply by 2035**

#### RNs:

Demand: **58,950 FTEs** by **2035** 

Supply: **53,160 FTEs** by **2035** 

Fewer University Applicants & Graduates

Half the demand growth driven by hospitals

#### LPNs:

Supply affected by retirement and career change, and is projected to decline by 360 FTEs (-3%)

### Supply Adequacy by 2035 (Status Quo)

- No appreciable improvement over 13 years
- Current shortfall of 6,190 RNs statewide, and current RN supply meeting only 89% of demand
- By 2035, RN shortfall of 5,790; RN supply meets 90% of demand (national average level of care)
- Severe shortfall of LPNs will develop by 2035, the current shortfall will grow from 760 to 3,190
- Will need +21% (630) RNs and +63% (370) LPNs annually to close gap

### What KHA is doing for Workforce Development:

- Collaboration with Hospital HR Teams
- Reports and Data
- Education and Recruiting
- Retention
- Models of Care
- Workplace Safety

Talent Pipeline Management



#### **Focus on Retention**

75% of nurses who left in past 18 months said not being valued by their organization was a factor in their decision

#### Most important factors for feeling valued:

- Flexibility and Balance
- Meaning and Belonging
- Safety
- Compensation (#14 on list)

McKinsey & Company

Reimagining the Nursing Workload: Finding Time To Close The Workforce Gap May 26, 2023



Prepared for KHA by

2 ASCENDIENT

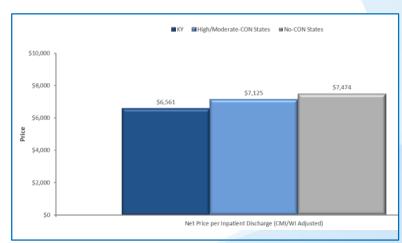
2023

# Same Key Findings as in 2019

- Kentucky outperforms No-CON states on a number of measures:
  - Kentucky has better access to hospitals and physicians, and similar access to ASCs than No-CON states
  - Kentucky has lower prices inpatient health care net prices are
     10% lower than No-CON states
  - Kentucky provides considerably higher value than No-CON states (as measured by utilization over spending) particularly given its more vulnerable population

# **CON Helps Keep Costs Low**

- ► High/Moderate CON states have lower hospital prices than No-CON states
  - The median net price (payment) per inpatient discharge (wage and CMI adjusted) in No-CON states is 5% higher than in high-moderate CON states
  - Kentucky's net price per inpatient discharge is nearly \$ 1,000 lower than the median of No-CON states (>10% lower) and is the 10<sup>th</sup> lowest in the US



### Profile of Kentucky, No-CON, and Neighboring No-CON States

| Measure                                | Kentucky                            | Indiana   | Ohio      | No CON States |
|--|-------------------------------------|-----------|-----------|---------------|
| Net Price per Inpatient<br>Discharge   | \$ 6,561 (10 <sup>th Lowest)</sup>  | \$ 7,847  | \$ 7,005  | \$ 7,474      |
| % IP Discharges Medicaid               | 25.1% (9 <sup>th Highest)</sup>     | 23.2%     | 23.5%     | 21.4%         |
| % IP Discharges<br>Medicare/Medicaid   | 71.3% (7 <sup>th Highest)</sup> )   | 69.4%     | 69.7%     | 65.4%         |
| Median Household<br>Income             | \$ 55,573 (7 <sup>th Lowest</sup> ) | \$ 62,743 | \$ 62,262 | \$ 67,044     |
| Pop % Below Poverty                    | 16.5% (5 <sup>th Highest</sup> )    | 12.2%     | 13.4%     | 11.6%         |
| State Health Score                     | -0.76 (6 <sup>th Worst</sup> )      | -0.27     | -0.49     | 0.03          |
| Life Expectancy                        | 73.5 (5 <sup>th Worst</sup> )       | 75        | 75.3      | 76.9          |
| % Adults Reporting Fair or Poor Health | 22.6% (2 <sup>nd Highest</sup> )    | 16.7%     | 16.8%     | 13.8%         |

#### **Case Studies**

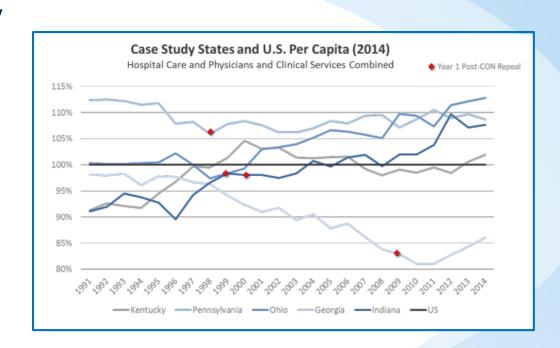
- Georgia Repealed CON for Single Specialty ASCs in 2008
  - Added more than 180 single specialty ASCs in first year after repeal
  - Outpatient surgical volume increased dramatically: +60% from 2007-2008
  - Volume shifted out of small rural markets (-10%) into suburban (+97%) and urban (+>50%)
  - Georgia OP surgical hospital market share dropped 23% from 69% (2007) to 46% (2014), single specialty ASCs held 41%, and CON approved ASCs dropped 18% to a 13% share
  - 7 of 9 hospitals that closed were adjacent to one or more counties with multiple single specialty ASCs
- Pennsylvania ASC CON Repeal (1996)
  - ASCs increased by nearly 200 from 2001-2019, with the vast majority in rural and suburban counties
  - ASCs provided 60% less care to Medicaid patients and had a higher % of commercial than PA hospitals
  - KY could experience an increase of 120 ASCs in rural and suburban counties
- Ohio ASC CON Repeal (1995-1997)
  - In first 3 years, ASCs increased by more than 150
- ► Ohio Hospital CON Repeal (1995-1997)
  - In first 3 years, Ohio lost at least 14 hospitals, 15% of its supply

# **Impact of CON Repeal**

- ▶ If Kentucky were to mimic the No-CON states:
  - Kentucky would lose 10 hospitals
    - Distribution statistics indicate that when not regulated, healthcare services tend toward urban centers, reducing access for rural areas
  - An ASC would be developed in virtually every Kentucky county, at the expense of struggling rural hospitals
  - Kentuckians and their payors would pay \$ 450 million more per year for inpatient services if KY prices mimicked No-CON states
  - Proliferation of unnecessary lower volume facilities (GA) will exacerbate the healthcare workforce crisis

#### Kentucky Can't Afford to be like No-CON states

- In each of the case study states, expenditures were growing at a rate below the US average before CON repeal
- They grew at a higher rate in the years following repeal and OH and PA grew higher than the US average
- KY Per capita spending would exceed the US average by 19%





# **CMS Proposal**

### **CMS DPP Proposal - General**

- The numbers:
  - There were \$52 billion in SDPs in 39 states in 2022
  - 75% (\$40 billion) went to hospitals
    - \$11.6 billion associated with programs near ACR
- CMS acknowledges the importance of ACR programs
- CMS key concerns: Access, Quality, Transparency
- Considering limitations such as Medicare rates OR allowing ACR for SDPs structured as VBP initiatives
  - Is 10% VBP enough????
- Allow for non-network providers to participate?

# **CMS Proposal**

- Require states to comply with all federal laws concerning non-federal Medicaid funding sources and require providers receiving state directed payments to attest that they do not participate in any impermissible provider tax hold harmless arrangements
  - Our program does not have hold harmless arrangements
- Require that managed care plans report expenditures and revenues for state directed payment in Medical Loss Ratios (MLR) and capitation rates
  - The actuaries include these in their calculations and attestations
- Require states to condition state directed payments upon the delivery of services within the contract rating period
  - Claims paid vs Discharge Date?
- Annual Payment Analysis: This proposal would require states to conduct and submit an annual
  payment analysis that compares managed care payments in their programs for certain services to
  Medicare's payment rate for the same services. This would go into effect 2 years after effective
  date of final rule (tied to beginning of rating period).



# Questions

