#### We Make Healthcare Reimbursement Easy



# Medicaid 101: Program Basics and Reimbursement Opportunities

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# With You Today

#### **Brooke Yowell** Medicaid Reimbursement Manager

Brooke offers extensive expertise related to Medicaid programs. Her experience includes the developed and implementation of methodologies for supplemental payment programs totaling over \$2.25 billion. She has coordinated with federal regulators, state legislators, industry stakeholders, other state agencies, and agency upper management to resolve any pending issues, working toward a fair outcome for all involved parties, and has proven to be instrumental in negotiations with CMS to get new supplemental payment programs approved. Currently, Brooke focuses on Medicaid payment optimization and obtaining additional Medicaid enhanced reimbursement for providers.





## Today's Talking Points





- Overview of Medicaid
- Medicaid Reimbursement
- Fee-For-Service and Managed Care
- FMAP
- State Share Funding
- Medicaid Supplemental Payments
- Disproportionate Share Hospital (DSH)
   Program
- Uncompensated Care Pools
- Charity Care Updates
- Upper Payment Limits
- Graduate Medical Education
- Directed Payments

#### What is Medicaid?

Medicaid is a federal program through which states partner with the federal government to provide health care coverage to lowincome children, families, elders, and people with disabilities.

The federal government establishes basic mandatory program requirements

States choose whether to participate

Jointly financed: federal and state governments pay a share States develop their unique Medicaid programs based on federal rules – each program must be approved by the Centers for Medicare and Medicaid Services (CMS).

## Children's Health Insurance Program (CHIP)

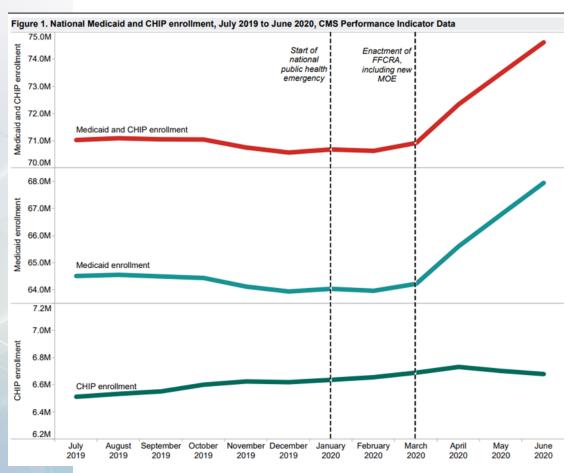
- Provides health coverage to eligible children through Medicaid and separate CHIP programs.
- CHIP is administered by states, according to federal requirements.
- Jointly funded by states and federal government.

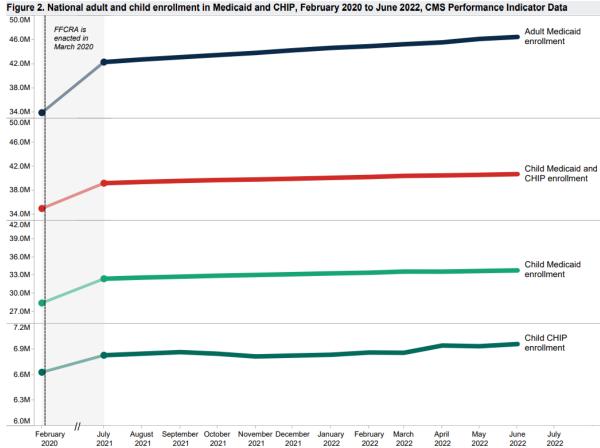


#### Enrollment – As of June 2022

- 89.4 million people enrolled in Medicaid & CHIP
- 7.1 million enrolled in CHIP
- 40.8 children enrolled in CHIP or Medicaid program (45.6% of total Medicaid enrollment)
- Enrollment has increased 26.5% since February 2020 as a result of the Public Health Emergency

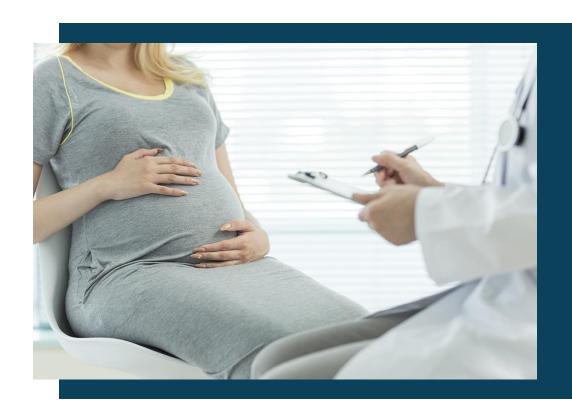
#### Enrollment





## Eligibility

- Mandatory Eligibility Groups
  - Low-income families
  - Qualified pregnant women and children
  - Individuals receiving SSI
- Optional Eligibility Groups
  - Individuals receiving home and community-based services
  - Children in foster care
  - Medically Needy Programs
  - 209(b)

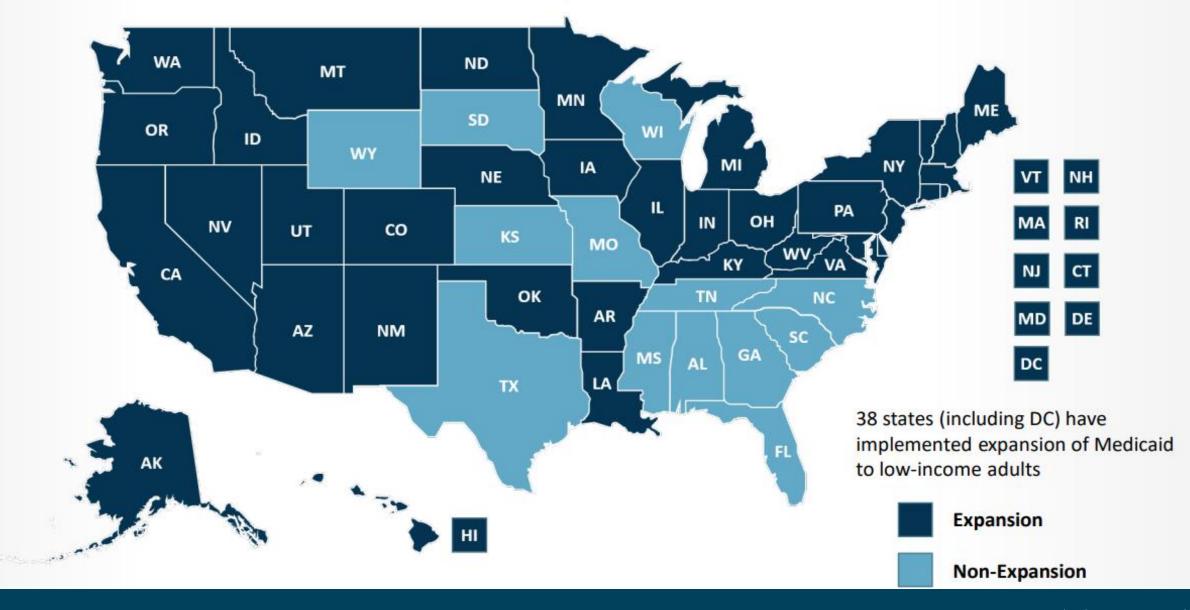


#### Affordable Care Act of 2010

- Under the Act, states have the opportunity to expand coverage to nearly all low-income Americans under the age of 65
- FPL extended to at least 133% for children in every state
- Option to expand eligibility to adults with income at or below 133% of FPL
  - 37 States have expanded
- States can choose to expand at anytime
- Build Back Better How does this effect states who have not expanded Medicaid?

#### **Adult Coverage Expansion**

as of July 2021



#### Reimbursement

- Medicaid reimbursement varies by state
- Fee-for-service delivery system
  - Cost-based vs Prospective Payment System (PPS)
- Managed Care Delivery System
- Combination of both
- Medicaid payments have historically been below costs, resulting in shortfalls
  - Supplemental payments

#### Fee-For-Service

- Reimbursement to providers comes directly from Medicaid
- Each service receives a specific reimbursement in exchange for services provided
- Uses a fee schedule or base rate
- Cost based reimbursement Medicaid cost reports
- Prospective Payment System
  - Diagnostic Related Groups (DRGs) Inpatient
  - Enhanced Ambulatory Patient Grouping (EAPG) Outpatient

#### Managed Care

- Health care delivery system organized to manage cost, utilization, and quality
- Provides for the delivery of Medicaid health benefits and additional services through contracted arrangements between state Medicaid agencies and MCOs
- States pay a per-member per-month (capitation) rate to MCOs
- Actuarially sound
- Approximately 70% of Medicaid recipients are currently enrolled in managed care

#### Benefits of Managed Care

- Reduce program costs
- Better manage utilization of health services
- Improve health plan performance
- Improve health care quality
- Improve outcomes
- Providers negotiate contract with each MCO



#### What is FMAP?

- The Federal Medical Assistance Percentage (FMAP) is used to calculate the amount of federal share of state Medicaid program expenditures.
  - Varies from state-to-state
  - Updated annually
- The FMAP formula is based on the ratio of the state per capita income to the national per capita income.
- Uses three most recent calendar years for which satisfactory data are available from the Department of Commerce, Bureau of Economic Analysis.
  - The lower the state's average per capita income, the more FMAP and vice versa.
  - All states receive at least 50% FMAP.

#### **Enhanced FMAP**

- January 31, 2020: Federal Department of Health and Human Services declared a Public Health Emergency (PHE).
- The CARES Act provides a **6.2 percentage point increase** in federal Medicaid matching funds to help states respond to the COVID-19 pandemic.
- Enhanced FMAP is effective January 1, 2020 through the end of the quarter in which the PHE ends.
- State accepting the enhanced FMAP must provide continuous Medicaid eligibility through the end of the month in which the PHE ends.
  - Applies to people enrolled as of March 18, 2020, or who enroll at any time thereafter during the PHE.
- States may request to stop receiving the enhanced FMAP at any time without losing what they claimed previously.

## State Share Funding

- General Revenue
- Intergovernmental Transfers (IGTs)
  - Transfer of funds from a governmental entity (other than Medicaid)
  - Counties, healthcare taxing districts, providers operated by state or local governments
  - Bona fide donation
- Certified Public Expenditures (CPEs)
  - CMS requires cost reimbursement methodologies for providers using CPEs to document actual cost of providing services
    - Statistical time studies, periodic cost reporting, and reconciliation of any interim payments
- Provider Fees/Tax/Assessment
  - Must be uniform and broad based to be allowable by CMS
  - 6% max of net patient revenue
  - Inpatient and outpatient assessment

## Supplemental Payments

- Payments made to Medicaid providers in addition to the Medicaid reimbursement they received for services provided.
- The state share funding source is generally funded through nongeneral revenue funds.
- Authorized by the legislature either through statute or the General Appropriations Act and approved by the Centers for Medicare and Medicaid Services.
- Typically approved by CMS through 1115 Waivers or state plans.

#### Supplemental Payment Programs

- Disproportionate Share Hospital (DSH) Program
- Uncompensated Care Pools/Low Income Pool Program
- Upper Payment Limits
- Directed Payments Programs (Pass-through Payments)
- Graduate Medical Education
- Medicaid Enhanced Payments
- Emergency Medical Transportation Programs
- School Based Programs

## Disproportionate Share Hospital (DSH) Program

- DSH was created under federal law to compensate hospitals that have provided a disproportionate share of Medicaid or charity care services.
- Federal law establishes an annual DSH allotment for each state that limits Federal Financial Participation (FFP) for payments made to hospitals.
- FFP is not available for state DSH payments that are more than the hospital's eligible uncompensated care cost.
- Uncompensated care cost cost of providing inpatient and outpatient hospital services to Medicaid patients and the uninsured, minus payments received.
- \$13.2 billion total allotment for FY 2022.

## DSH Audit and Reporting Requirements

- States are required to submit an independent certified audit describing DSH payments made to each DSH hospital.
- Any payments in excess of uncompensated care must be returned to the state.
- States have option to redistribute or return to CMS.
- Myers & Stauffer conducts most audits in the country.

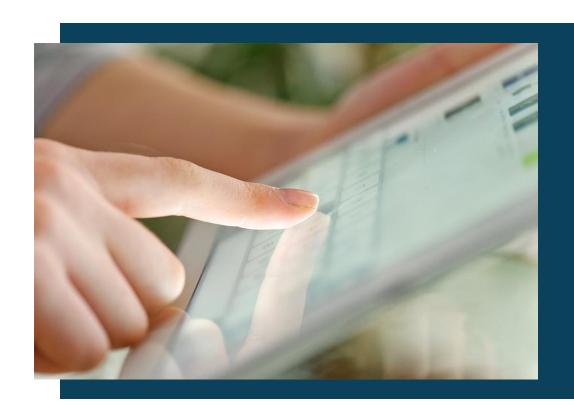
#### **DSH** Examination

- Myers & Stauffer's DSH Examination
- The State/Myers & Stauffer will send out examination letters to each provider required to submit examination surveys.
- Surveys due 30-45 days after letters are sent out.



## **DSH Examination Surveys**

- Hospitals will need to complete two surveys
- Completed using Medicare cost report and internal hospital data
- Survey part I
- Survey part II



## Survey Part I

- Basic hospital information
- Cost report year
- OB Qualifying Questions
- Other Medicaid payments received
- Certification/signature page
- Checklist of required submission documents



## Survey Part II

- Sections D-L
- MIUR/LIUR Calculation
- Myers & Stauffer will prepopulate the data for schedule G using your most recently filed Medicare Cost Report
  - Uses HCRIS data
  - Did you have an amended cost report?
  - Review data to ensure they are using the correct data
  - Data from Exhibits A-C will be used to complete portion of the survey
- Data from Exhibits A-C will be used to complete sections H-K

## Survey Part II – Schedule H & I

H. In-State Medicaid and All Uninsured Inpatient and Outpatient Hospital Data:

|  |  | In-State Medic                | aid FFS Primary               | In-State Medicaid M           | lanaged Care Primary          |                               | S Cross-Overs (with Secondary) |                               | dicaid Eligibles (Not<br>Elsewhere) | t<br>Uninsured                              |   | Total In-State Medicaid |  |
|--|--|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------------|---|---|-------------------------|--|
| Medicaid Per<br>Diem Cost for<br>Routine Cost<br>le# Cost Center Description Centers   |  | Inpatient                     | Outpatient                    | Inpatient                     | Outpatient                    | Inpatient                     | Outpatient                     | Inpatient                     | Outpatient                          | Inpatient<br>(See Exhibit A)                | Outpatient<br>(See Exhibit A)               | Inpatient               | Outpatient   |
| From Section G   | From Section G   | From PS&R<br>Summary (Note A)  | From PS&R<br>Summary (Note A) | From PS&R<br>Summary (Note A)       | From Hospital's<br>Own Internal<br>Analysis | From Hospital's<br>Own Internal<br>Analysis |                         |  |
| Intine Cost Centers (from Section G):  |  | Days                          |                               | Days                          |                               | Days                          |                                | Days                          |                                     | Days  |   | Days                    |  |
| Days per PS&R or Exhibit Detail<br>Unreconciled Days (Explain Variance)  |  | -                             |                               | -                             | ]                             | -                             |                                | -                             |                                     | -   | ]<br>:                                      |                         |  |
| Routine Charges Calculated Routine Charge Per Diem   |  | Routine Charges               |                               | Routine Charges               |                               | Routine Charges               |                                | Routine Charges               |                                     | Routine Charges                             |   | Routine Charges  \$ -   |  |
| Incillary Cost Centers (from WS C) (from Section G):           200         Observation (Non-Distinct)           5000         OPERATING ROOM           5400         RADIOLOGY-DIAGNOSTIC           6000         LABORATORY           6500         RESPIRATORY THERAPY | 0.128462<br>0.063981<br>0.173902<br>0.352179<br>0.480107 | Ancillary Charges              | Ancillary Charges             | Ancillary Charges                   | Ancillary Charges                           | Ancillary Charges                           | Ancillary Charges   S   | Ancillary Charges  S S S S S S S S S S S S S S S S S S |

## Survey Part II – Schedule H & I

|            | Totals / Payments   |                 |          |                          |                       |            |      |          |                 |      |                       |                      |                      |      |     |        |
|------------|---|-----------------|----------|--------------------------|-----------------------|------------|------|----------|-----------------|------|-----------------------|----------------------|----------------------|------|-----|--------|
| 128        | Total Charges fincludes organ acquisition from Section 3  | s               |          | s -                      | s -                   | S -        | s -  | S -      | ПГ              | s -  | s -                   | s -                  | s -                  | s -  | S   |        |
| .20        | roun on a goo photoacts of gan acquisition from account,  | ·               |          |                          | •                     |            | ·    |          |                 |      | •                     |                      | (Agrees to Exhibit   |      |     |        |
|            |   | _               |          | _                        | _                     | ] [_       | _    |          | <b>—</b> [      | _    | _                     | A)                   | A)                   |      |     |        |
| 129<br>130 | Total Charges per PS&R or Exhibit Detail Unreconciled Charges (Explain Variance)                | \$              | -        | \$ -                     | \$ -                  | \$ -       | \$   | - \$     | -               | \$ - | \$ -                  | \$ -                 | \$ -                 |      |     |        |
| 130        | Officeofficied charges (Explain Variance)   |                 |          |                          |                       | · — — -    |      | <u> </u> |                 |      |                       |                      |                      |      |     |        |
| 131        | Total Calculated Cost (includes organ acquisition from Section J)                               | \$              | -        | \$ -                     | \$ -                  | <b>S</b> - | \$ - | \$ -     | $\square$ [     | \$ - | \$ -                  | \$ -                 | \$ -                 | \$ - | \$  | - 0.00 |
|            |   |                 |          |                          |                       |            |      | _        |                 |      |                       |                      |                      |      |     | _      |
| 132        | Total Medicaid Paid Amount (excludes TPL, Co-Pay and Spend-Down)                                |                 |          |                          |                       |            |      | _        | 41              |      |                       |                      |                      | \$ - | \$  | _      |
| 133        | Total Medicaid Managed Care Paid Amount (excludes TPL, Co-Pay and Spend-Down) (See Note E)      |                 |          |                          |                       |            |      | _        | 41              |      |                       |                      |                      | \$ - | \$  | _      |
| 134        | Private Insurance (including primary and third party liability)                                 |                 |          |                          |                       |            |      |          | 41              |      |                       |                      |                      | \$ - | \$  | _      |
| 135        | Self-Pay (including Co-Pay and Spend-Down)  |                 |          |                          |                       |            |      |          | ╝               |      |                       |                      |                      | \$ - | \$  | -      |
| 136        | Total Allowed Amount from Medicaid PS&R or RA Detail (All Payments)                             | \$              | -        | \$ -                     | \$ -                  | \$ -       |      |          |                 |      |                       |                      |                      |      |     | 4      |
| 137        | Medicaid Cost Settlement Payments (See Note B)  |                 |          |                          |                       |            |      |          |                 |      |                       |                      |                      | \$ - | \$  |        |
| 138        | Other Medicaid Payments Reported on Cost Report Year (See Note C)                               |                 |          |                          |                       |            |      |          |                 |      |                       |                      |                      | \$ - | \$  | -      |
| 139        | Medicare Traditional (non-HMO) Paid Amount (excludes coinsurance/deductibles)                   |                 |          |                          |                       |            |      |          | <b>-</b>        |      |                       |                      |                      | \$ - | \$  | -      |
| 140        | Medicare Managed Care (HMO) Paid Amount (excludes coinsurance/deductibles)                      |                 |          |                          |                       |            |      |          | <b>-</b>        |      |                       |                      |                      | \$ - | \$  | -      |
| 141        | Medicare Cross-Over Bad Debt Payments   |                 |          |                          |                       |            |      |          | ╝               |      |                       | (Agrees to Exhibit B | (Agrees to Exhibit B | \$ - | \$  | -      |
| 142        | Other Medicare Cross-Over Payments (See Note D)   |                 |          |                          |                       |            |      |          | IJL             |      |                       | and B-1)             | and B-1)             | \$ - | \$  | -      |
| 143        | Payment from Hospital Uninsured During Cost Report Year (Cash Basis)                            |                 |          |                          |                       |            |      |          |                 |      |                       |                      |                      |      |     |        |
| 144        | Section 1011 Payment Related to Inpatient Hospital Services NOT Included in Exhibits B & B-1 (f | from Section F  | :)       |                          |                       |            |      |          |                 |      |                       | \$ -                 | \$ -                 |      |     |        |
| 145        | Calculated Payment Shortfall / (Longfall) (PRIOR TO SUPPLEMENTAL PAYMENTS AND DSH)              | e               |          | s -                      | s -                   | s -        | s -  | s -      | $\neg$ $\vdash$ | •    | e                     | s -                  | s -                  | s -  | s - | $\neg$ |
| 146        | Calculated Payments as a Percentage of Cost   | 3               | 0%       | 0%                       | 0%                    |            | -    |          | 1%              | 0%   | 0%                    | 0%                   | 0%                   | 0%   | •   | 0%     |
|            | cascalate a symmetric and a rottomage of cook   |                 | 0.70     | 070                      | 0.70                  | 0,0        | `    |          |                 |      | ligibles reported! Se |                      |                      |      |     |        |
| 147        | Total Medicare Days from W/S S-3 of the Cost Report Excluding Swing-Bed (C/R, W/S               | S-3, Pt. I, Col | . 6, Sum | of Lns. 2, 3, 4, 14, 16, | , 17, 18 less lines 5 | & 6)       | 4,51 |          |                 |      | -                     |                      |                      | -    |     |        |
| 148        | Percent of cross-over days to total Medicare days from the cost report                          |                 |          |                          |                       |            | (    | 1%       |                 |      |                       |                      |                      |      |     |        |

- Note A These amounts must agree to your inpatient and outpatient Medicaid paid claims summary. For Managed Care, Cross-Over data, and other eligibles, use the hospital's logs if PS&R summaries are not available (submit logs with survey).
- Note B Medicaid cost settlement payments refer to payments made by Medicaid during a cost report settlement that are not reflected on the claims paid summary (RA summary or PS&R).
- Note C Other Medicaid Payments such as Outliers and Non-Claim Specific payments. DSH payments should NOT be included. UPL payments made on a state fiscal year basis should be reported in Section C of the survey.
- Note D Should include other Medicare cross-over payments not included in the paid claims data reported above. This includes payments paid based on the Medicare cost report settlement (e.g., Medicare Graduate Medical Education payments).
- Note E Medicaid Managed Care payments should include all Medicaid Managed Care payments related to the services provided, including, but not limited to, incentive payments, conus payments, capitation and sub-capitation payments.

#### **DSH** Exhibits

- The Exhibits will include patient-level detail
  - Some of this data will come from the state, and some will need to be pulled from internal hospital records
- Exhibit A Uninsured
- Exhibit B Cash Payments
- Exhibit C Medicaid FFS, Medicaid MCO, Medicaid Other Eligible, Crossover, Out of State

#### Medicaid Cost Calculation

- Per federal guidelines providers can not be paid from Medicaid more than their cost for providing services to Medicaid and uninsured populations.
- Medicaid cost calculation
- How can we optimize Medicaid cost?
  - Medicare cost-to-charge ratios
  - Allocation of cost/charges to correct department

#### Consolidated Appropriations Act, 2021

- Creates new supplemental payment reporting requirements for states
- Changes the calculation of hospital specific DSH limits, effective October 1, 2021
- Eliminates reduction in FY 2021
- Also delays remaining 4 years of cuts until FY 2024

|                                  | FY<br>2021                  | FY<br>2022     | FY<br>2023     | FY<br>2024     | FY<br>2025     | FY<br>2026     | FY<br>2027     |
|----------------------------------|-----------------------------|----------------|----------------|----------------|----------------|----------------|----------------|
| Previous<br>Reduction<br>Amounts | \$4<br>billion <sup>2</sup> | \$8<br>billion | \$8<br>billion | \$8<br>billion | \$8<br>billion | -              | _              |
| Modified<br>Reduction<br>Amounts | -                           | -              | -              | \$8<br>billion | \$8<br>billion | \$8<br>billion | \$8<br>billion |

## DSH Rule - Reinstatement of CMS FAQs 33 & 34

- On April 30, 2017, CMS issued a final rule, withdrawing FAQs 33 & 34 from the Medicaid DSH guidance that was issued in January 2010 titled "Additional Information on the DSH Reporting and Audit Requirements"
- Uncompensated costs include only those costs for Medicaid eligible individuals that remain after accounting for all payments received, including Medicare and other third party payments.
- As of December 30, 2018, FAQs 33 and 34 are no longer operative.
- States had option to revise DSH audits to remove third party payments for services provided before June 2, 2017.
- August 13, 2019 final rule reinstated for services provided on or after June 2, 2017.
  - Third party payments will now be included in the calculation of uncompensated care (UC) costs.
  - This will reduce UC costs
- How will this effect your hospitals DSH limits?

## **Uncompensated Care Pools**

- Allows states to draw down federal funds to pay hospitals for care provided to the uninsured and underinsured
- Approved through 1115 Medicaid Waivers
- Florida (Low Income Pool), Tennessee, Texas, California, Kansas, Massachusetts, New Mexico
- States have not expanded eligibility to low income adults
- Audit/reconciliation required to be submitted to CMS
- Payments in excess of uncompensated care costs will be recouped from hospital

## **Charity Care Updates**

- HHS can continue to use S-10 to calculate uncompensated care payments
- Audits starting with FY 2017 cost reports
- Financial assistance/charity care/bad debt policies
- Are hospitals including all appropriate charity care patients?
  - Review and revise policies to maximize charity care claimed on S-10 as needed
- Impact on Medicaid supplemental payments in the future

## Upper Payment Limit (UPL)

- Lump-sum payments that supplement low FFS base payment rates
- If base payments are below the UPL, states can make UPL supplemental payments to make up the difference
- Hospitals, nursing facilities, physicians, and other providers
- In the aggregate for a class of providers, FFS base payments and UPL payments cannot exceed a reasonable estimate of what providers would have been paid according to Medicare payment principles
  - Classes of providers are based on ownership
  - States do not use actual Medicare payment rates when calculating the UPL
  - Some providers can receive UPL payments that exceed what Medicare would have paid as long as total payments for each class of providers are below the UPL in the aggregate

## **UPL Demonstration Requirements**

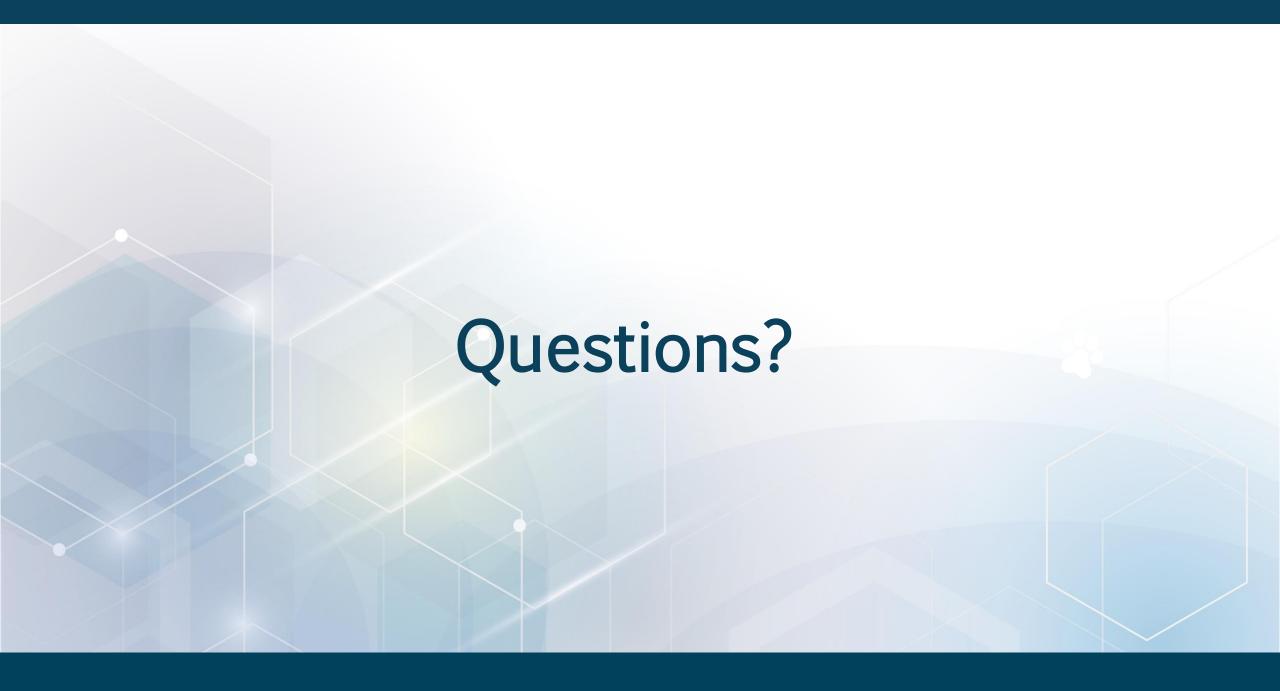
- In 2013, CMS issued guidance requiring states to demonstrate compliance with UPL requirements annually
- States submit hospital-specific data to CMS in a standard format
  - Medicaid FFS base and supplemental payments
  - Estimates of what would have been paid according to Medicare payment principles
  - Some hospitals paid on a cost basis, such as critical access hospitals, are not included

#### **Graduate Medical Education**

- Medicaid provides the second-largest source of GME funds
- States follow broad federal rules to receive federal matching funds
- States have flexibility to design and administering their own programs
- Payments can be made through fee-for-service, managed care, or both
- Typically reconciled to Medicare cost report (worksheet E-4)

## Directed (Pass-Through) Payments

- Additional per-member-per-month (PMPM) made through MCOs
- PMPM based on Medicaid utilization
- Approved by CMS through 438.6(c) Pre-prints
- Actuarially sound
- Requires providers to submit quality metrics to State to substantiate additional payments
- Hospitals, physician groups
- States can also implement additional payments for FFS delivery system using Average Commercial Rate



Dedicated to ensuring that your facility receives and retains the optimal reimbursement and appropriate supplemental Medicaid payments.







#### **Contact Us**

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