

### FINANCIAL GUIDE FOR THE RURAL HEALTH CARE LEADER DURING COVID AND POST-COVID



# **PRESENTER**



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# **AGENDA**

- Introduction to the Guide
- Anticipated impacts on financial indicators and facility performance
- Strategies



# INTRODUCTION TO THE GUIDE

#### Purpose

- Users:
  - State Medicare Rural Hospital Flexibility (Flex) Program personnel
  - Leaders of critical access hospitals (CAHs) and provider based rural health clinics (RHCs)
  - Others that assist these providers in managing their long-term financial performance.

#### Design

- To be as non-technical as possible
- To provide guidance on potential COVID Public Health Emergency (PHE) impact on top financial indicators during and after the PHE.
- To provide strategies on how to address the financial indicators as organizations navigate the challenges of the PHE and post-PHE periods.



# INTRODUCTION TO THE GUIDE

• <a href="https://www.ruralcenter.org/resource-library/financial-guide-for-the-rural-health-care-leader-during-covid-and-post-covid">https://www.ruralcenter.org/resource-library/financial-guide-for-the-rural-health-care-leader-during-covid-and-post-covid</a>

#### Layout

- Purpose
- Executive Summary
- Introduction
- The Financial Indicators
- Strategies to Address and Improve Financial Performance and Condition
- Appendix Resources



# **MAJOR FINANCIAL IMPACTS ON PROVIDERS**

Lower patient volumes

Lower volumes lead to lower revenues

 New infusions of cash are received from various external funding sources

Increased expenses due to the COVID PHE & after



#### **NEW CHALLENGES**

- Need to develop an understanding of the impact of the COVID PHE on financial indicators
- Necessity to initiate strategies for moving forward into the future



# THE INDICATORS

- 11 Indicators
- From the Small Rural Hospital and Clinic Finance 101
   Manual
- Expected impacts
- Indicator specific strategies



# DAYS IN GROSS AND NET ACCOUNTS RECEIVABLE

#### Expectation

- Variation on impact to providers.
  - Unemployment, increases of uninsured and overall financial insecurity to push levels upward
  - Strategies to clean up outstanding balances during slowdown may push levels downward

#### Strategy

- Improve results back to historical levels or closer to benchmarks
- Maintain gains that were achieved during the PHE



# DAYS CASH ON HAND

#### Expectation

- Large portion of the facilities will initially report higher calculated days cash on hand
  - Large influx of initial funds
  - Expenditures of funds over time and delays in spending activity

#### Strategy

 Need to consider how much of the current cash is earmarked for future lost revenues, future additional expenses and eventual repayment/recoupment



# TOTAL MARGIN

#### Expectation

- Large variations due to influx of external funds and differences in timing for recognizing these cash infusions as revenues
- Declining in 2022

#### Strategy

- Consider continued monitoring against historical benchmarks with adjustments for known anomalies
  - Cash infusions
  - Changes in investment income
- Goal determine how much of the total margin is due to unusual circumstances



### **OPERATING MARGIN**

#### Expectation

- Large variations due to influx of external funds and differences in timing and accounting rules for recognizing these cash infusions as revenues
- Overall anticipate lower operating margins, continuing decline in 2022

#### Strategy

- Consider continued monitoring against historical benchmarks with adjustments for known anomalies
  - Cash infusions
- Goal determine how much of the operating margin is due to unusual circumstances



### **CURRENT RATIO**

#### Expectation

- Large influxes of external funds will drive increases in both current assets and current liabilities
- Anticipate overall reduction in current ratio for those entities with a ratio historically over 1.0
- Anticipate overall increase in current ratio for those entities with a ratio historically under 1.0

#### Strategy

• Consider calculating adjusted current ratios to remove impact of outstanding infusions of external funds



# **DEBT SERVICE COVERAGE**

#### Expectation

- Anticipate lower than average new debt activity in 2020 and 2021, starting to increase in 2022
- Large variations in total margin are expected to lead to large variations in this financial indicator

#### Strategy

Monitor this indicator against existing debt covenants to identify immediate need for action



# SALARIES TO NET PATIENT REVENUE

#### Expectation

- Higher costs are anticipated to staff healthcare operations
- Anticipate higher hourly wages
- Expect to see shifts from salary to contract labor that is not included in salary calculation
- Anticipate large variations due to the noted factors
- Important to monitor "trend"

#### Strategy

 Consider updating historical and current internal calculations to include salaries and contract labor to monitor total trends

# PAYOR MIX PERCENTAGE

#### Expectation

- Difficult to estimate potential impacts
  - Medicare patients are older and more susceptible to COVID
  - Recent shifts from older to younger COVID patients
  - Younger patients may have been more successful in avoiding outpatient care

#### Strategy

- Continue to focus on maximizing all access and volumes
- Focus on strategies to capture higher commercial patient market



# **AVERAGE AGE OF PLANT**

#### Expectation

- Does not typically fluctuate much from year to year
  - Exception is major new construction or equipment
- Expect slight increase (less than one year) until providers are able to initiate new projects

#### Strategy

Anticipate potential change in the nature of investments to reflect newly identified strategic needs



### LONG TERM DEBT TO CAPITALIZATION

#### Expectation

- Initial thoughts Expect stable indicator in 2020 and 2021
  - Updated thoughts Seeing some significant drops due to growth in net assets (COVID Funds)
- Potential for increases in 2022 as providers catch up on delayed projects
- Does not typically fluctuate much from year to year
  - Exception is major new construction or equipment
- Expect overall stability until providers are able to initiate new projects

#### Strategy

- Anticipate potential change in the nature of investments to reflect newly identified strategic needs
- Newly identified needs will still need to fit within financial capabilities



# THE STRATEGIES

- 9 Strategies
- Focus on improving financial performance and condition
- Each strategy may impact more than one financial indicator



# **COMMUNITY HEALTH NEEDS ASSESSMENT**

#### Strategy

- Review current CHNA and documents for completeness
- Enhance processes and methodologies to create a more robust assessment

- Add market share assessments and projected future demographic/service line trends to assessment
- Utilize survey tools to obtain a better understanding of potential patients
- Use CHNA as basis for improvement of payor mix and marketing efforts
- Complete a CHNA or similar project, even if not required



# STRATEGIC PLANNING

#### Strategy

Update current strategic plan to ensure relevance post-COVID

- Review and update strategic plan to ensure relevance
- Include assignment of responsibility and timelines
- Implement monthly reporting on status of implementation



# ASSESSING OPERATIONAL EFFICIENCY AND EFFECTIVENESS

#### Strategy

- Review operational changes made during PHE to identify best practices
- Complete a comprehensive analysis of staffing and processes against established benchmarks

- Identify operational efficiencies achieved by organization during PHE
- Determine what identified operational efficiencies can be adopted permanently
- Compare budgets often (operating and capital)
- Complete comprehensive staffing and process evaluation to identify opportunities to improve financial and operational performance
- How can you care for your patients "differently"?



### **EXPLORATION OF POPULATION HEALTH AND WELLNESS OPPORTUNITIES**

#### Strategy

• Review various population health opportunities and expanded service offerings that can be provided by the organization with a focus on identifying gaps and opportunities to enhance volumes

- Compile a comprehensive list of population health, wellness, and preventative service opportunities
- Identify opportunities and complete financial feasibility analysis to add new services to fill identified gaps
- Develop plan to engage in population health activities as well as increase utilization of existing and new wellness and preventative care services



# REINVENTING THEMSELVES

#### Strategy

 Review current approaches to access and ensure strategies are developed to increase overall service volumes and market capture

- Complete a comprehensive review of current hours of operation to address opportunities to improve patient access and patient volumes
- Complete a comprehensive review of the marketing strategy to ensure it is designed to be in alignment with the strategic plan, increase awareness, and build patient volumes



# SERVICE LINE ANALYSIS

#### Strategy

Analyze service lines to identify opportunities to improve performance and/or develop exit strategies

- Complete an analysis of all services lines that are struggling financially
- Perform deeper analysis to develop action plans for those that can improve their financial performance
- Create action plans for services that cannot achieve needed financial performance



### TELEHEALTH SERVICES

#### Strategy

• Complete an analysis of telehealth services offered to identify opportunities to expand service line

- Complete inventory of telehealth services offered as well as those that could be offered
- Complete a financial feasibility analysis on the identified opportunities
- Create an implementation plan for those opportunities identified as feasible



# OUTMIGRATION

#### Strategy

• The identification and implementation of strategies to decrease the outmigration

- Engage in a comprehensive market share assessment to identify outmigration
- Identify root causes for outmigration
- Develop and implement strategies to address outmigration



### MAINTAINING ONGOING EDUCATION

#### Strategy

• Ensure educational plans and strategies provide a proper mix of remote and live events that balances the financial resources of the organization and the needs of the staff

- Review current policies and practices as it relates to the volume, adequacy, and venues of education for all staff
- Update current educational policies and practices to address the current educational needs of the staff and organization



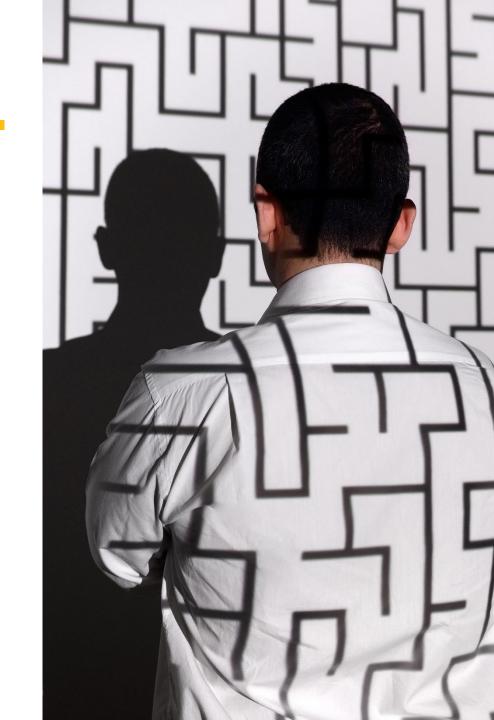
# **RESOURCES**

- Appendix
  - 5 pages of potential resources
  - Sorted by topic area



### **CONCLUSION**

- PHE left a financial mark on rural providers
  - Some temporary
  - Some permanent
- Positive results will not be easy, but action can be taken to improve financial performance and condition





# **QUESTIONS?**

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# THANK YOU!

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**CPAs & BUSINESS ADVISORS**